

## Supplementary information

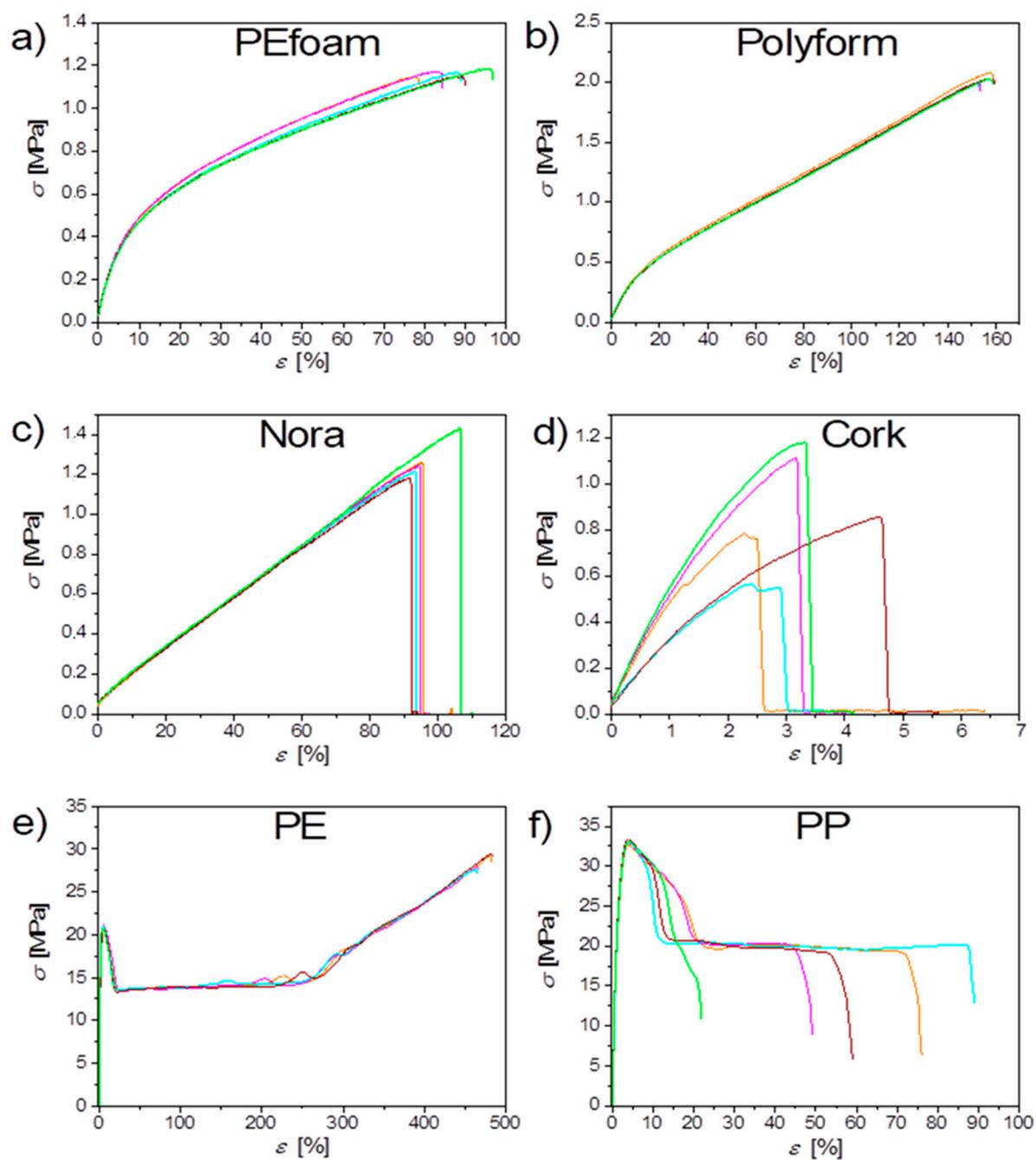


Figure S1. Typical stress-strain curves of paddle-shaped samples made of (a) PE foam, (b) Polyform, (c) Nora, (d) Cork, (e) PE and (f) PP.