

## REPORT FROM THE 5<sup>TH</sup> INTERNATIONAL SPE BALKAN SKI CONFERENCE

Rogla Ski Centre, Slovenia, 17–21 March 2024

The 5th international scientific and professional conference was held on home soil, at the Rogla Ski Centre in Slovenia. The conference was organized by the Slovenian Institute for Kinesiology Research, Science and Research Centre Koper, in co-organization with the Ski Instructors Association of Slovenia (SITAS) of Slovenia and the Faculty of Sport and Physical Education, University of Niš, Serbia.

The professional level of the conference was raised to the highest level by the members of the demo groups from Bosnia and Herzegovina, Bulgaria, Serbia, Montenegro, San Marino and Slovenia, who deepened their theoretical knowledge with practical work on snow in the mornings. Another important event of the conference was the “Demo Team Show”, where the audience could admire the perfect skiing techniques of the demo teams from the national ski schools. The high level of the scientific conference was further enhanced by seven invited speakers, who are renowned experts in the field of alpine skiing and snowboarding. In the afternoon, we heard speakers such as Prof. John Seifert, PhD (USA), Prof. Matej Supej, PhD (Slovenia), Prof. Martino Franchi, PhD (Italy),



Prof. Ron Kipp, PhD (USA), Prof. Siniša Kovač, PhD (Bosnia and Herzegovina), Saša Pišot, PhD (Slovenia), Pete Allison, PhD (USA) and Matjaž Vogrin, PhD (Slovenia).

Current topics were also presented through scientific and expert contributions from conference participants from ten countries. In more than twenty papers, the participants elaborated on the main idea of the conference, “Science, Practice and Education”, and the main theme of the conference, “Fun and Safety in Today’s Skiing - The New Role of Ski Instructors/Coaches in Winter Sports and Society”. The abstracts published for this event present the latest perspectives on the sensitive areas of safety and injuries, ski technique preparation and development, as well as contemporary possibilities and approaches in the methodology and didactics of ski teaching. These abstracts will be published in the Book of Abstracts.

The conference also hosted honorary members, such as Slovenian skiing legends Bojan Križaj, Jure Košir, Mateja Svet and others, who further enhanced the value of the event.

Despite the spring-like days in March, the sunny weather did not affect the conditions on the ski slopes. The good weather additionally contributed to an excellent conference.

The conference was therefore a success and participants are already looking forward to the next one to be held in March 2026.

Kaja Teraž and Rado Pišot

## POROČILO S 5. MEDNARODNE KONFERENCE SPE BALKAN SKI

Smučarski center Rogla, Slovenija, 17.–21. marec 2024

Peta mednarodna znanstvena in strokovna konferenca je bila tokrat organizirana na domačih tleh, v smučarskem centru Rogla v Sloveniji. Organiziral jo je Inštitut za kineziološke raziskave Znanstveno-raziskovalnega središča Koper v soorganizaciji z Združenjem učiteljev smučanja (ZUTS) Slovenije ter Fakulteto za šport in telesno vzgojo Univerze v Nišu iz Srbije.

Strokovni nivo konference so na vrhunsko raven postavili člani demoskopin iz Bosne in Hercegovine, Bolgarije, Srbije, Črne gore, San Marina in Slovenije. Parktične delavnice na snegu so dodatno poglobile novo pridobljeno teoretično znanje. Pomemben dogodek konference je bil tudi Demo Team Show, na katerem je lahko občinstvo občudovalo dovršeno tehniko smučanja demoeqip nacionalnih smučarskih šol. Visoko raven znanstvene konference je postavilo sedem vabljenih predavateljev, ki so priznani strokovnjaki s področja alpskega smučanja in deskanja na snegu. V popoldanskih urah smo tako prisluhnili priznanim predavateljem, kot so prof. dr. John Seifert (ZDA), prof. dr. Matej Supej (Slovenija), prof. dr. Martino Franchi (Italija), prof. dr. Ron Kipp (ZDA),



prof. dr. Siniša Kovač (Bosna in Hercegovina), dr. Saša Pišot (Slovenija), dr. Pete Allison (ZDA) in dr. Matjaž Vogrin (Slovenija).

Aktualne teme so bile obravnavane tudi v znanstvenih in strokovnih prispevkih udeležencev konference iz 10 držav. V več kot 20 prispevkih so udeleženci predstavili glavno idejo konference Znanost, praksa in izobraževanje ter glavno temo te Zabava in varnost v sodobnem smučanju - nova vloga smučarskih učiteljev/trenerjev v zimskih športih in družbi. Ob tej priložnosti objavljeni povzetki so izšli v e-zborniku ter prinašajo najnovejše poglede na občutljiva področja varnosti in poškodb, priprave in razvoja smučarske tehnike ter sodobne možnosti in pristope v metodologiji in didaktiki poučevanja smučanja.

Konferenca je gostila tudi častne člane, kot so slovenske smučarske legende Bojan Križaj, Jure Košir in Mateja Svet, in druge, ki so še dodatno povečali vrednost dogodka

Kljub pomladnim marčevskim dnevom sončno vreme ni vplivalo na razmere na smučiščih. Lepo vreme in odlično urejene proge so še dodatno prispevali k odlični konferenci.

Ta je bila tako uspešno izpeljana, sodelujoči pa so se poslovili že s pričakovanjem naslednje, ki bo marca 2026.

Kaja Teraž in Rado Pišot